

# SENIOR (65+) VOLUNTEER TASK FORCE

CENTRE FOR GRIEF AND HEALING (BFO-H/P)



## WHO IT IS FOR

Our Senior Volunteer Task Force is for seniors (ages 65+) who are looking to volunteer short-term to provide feedback on programs, services, and related areas of grief and bereavement.

## DETAILS

The Senior Task Force is a research and evaluation initiative such that those who take part will complete (1) 5-minute, qualitative survey in order for us to gain seniors' insights about grief-related programs and services. This is so we may enhance our programs to be more inclusive for the age demographic (65+) that we intend to support.



## MORE INFORMATION

**Q: When are surveys available until?**

**A:** The surveys are available until June 11th at 5:00pm.

**Q: What's the commitment?**

**A:** We ask for seniors to dedicate up to 5-minutes of their time for (1) qualitative survey. Certificates will be provided following.

**Q: What are the benefits?**

**A:** Volunteering increases self-confidence, provides a sense of purpose, reduces isolation, combats stress and anxiety, plus more!

**Interested?**

Please email the **Volunteer Coordinator** [here](#) or click [here](#) for the survey.

***We thank you immensely for  
your input.***